

*An Intimate Brunch at Kristine
Carlson's Home to Celebrate the*

20th Anniversary
OF DON'T SWEAT WISDOM

and

30th Anniversary
OF CHALLENGE DAY

*"If we settle for tolerance, we have failed.
Our goal is love."*

-RICH AND YVONNE ST. JOHN-DUTRA
CHALLENGE DAY FOUNDERS

You're Invited to an Intimate Afternoon with the Founders of Challenge Day

"FOCUS ON THE SOLUTION: LOVE"

A BENEFIT FOR YOUTH IN NEED

SATURDAY, MAY 6, 2017

1:00 - 3:30PM

MARTINEZ, CALIFORNIA

With...

KRISTINE CARLSON

NEW YORK TIMES BEST-SELLING AUTHOR
AND WORLD RENOWNED SPEAKER

RICH & YVONNE ST. JOHN-DUTRA

FOUNDERS OF CHALLENGE DAY AND AUTHORS
OF "BE THE HERO YOU'VE BEEN WAITING FOR"

Appetizers, champagne and desserts will be served

RSVP FOR ADDRESS, BY APRIL 30TH - jenna@challengeday.org or 925-849-3905



ABOUT CHALLENGE DAY

More than just an anti-bullying workshop, Challenge Day is a breakthrough experience that can shift the school culture in just one day. Imagine enemies finding common ground and creating peace; friends healing past hurts and making amends; students and adults coming together to create safer schools and inspiring each other to be the change. In the past 30 years, Challenge Day's award winning programs have reached over 1.5 million youth and adults in 2200 schools around the world.

Challenge Day also offer programs to businesses, communities, couples, families and individuals. This year, Challenge Day is celebrating the 30th Anniversary of creating a world where everyone feels safe, loved and celebrated. www.challengeday.org



ABOUT DON'T SWEAT THE SMALL STUFF

Kristine Carlson, New York Times bestselling author and world-renowned speaker, is passionate about spreading her message of living with joy and gratitude. Kris' life mission expands upon the phenomenal success of she and her late husband Dr. Richard Carlson's work in the "Don't Sweat the Small Stuff" series.



This year, the Don't Sweat book series is celebrating the 20th Anniversary. With more than 25 million copies in print, the Don't Sweat philosophy has touched multiple generations of parents and grandparents, teenagers and kids ... and people like you. Now, at this 20th anniversary, it's time to reignite all people to live in the blissful place of contentment and true, lasting joy that comes from being mindful, grateful and present in your life.

www.dontsweat.com
www.kristinecarlson.com